# Norditropin<sup>®</sup> FlexPro<sup>®</sup>

### **Quick Device Reference Guide**

This is not the complete Norditropin<sup>®</sup> FlexPro<sup>®</sup> (somatropin) injection Instructions for Use. Please read the Instructions for Use at https://www.novo-pi.com/norditropin.pdf.



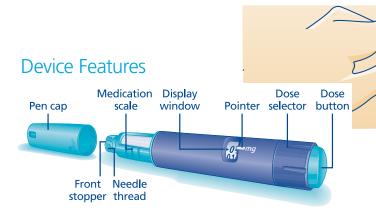
### www.norditropin.com





#### Norditropin<sup>®</sup> FlexPro<sup>®</sup> (somatropin) injection

#### **Quick Device Reference Guide**



#### Needle (example)



Norditropin® is only available by prescription. For more information about Norditropin®, please visit norditropin.com.

Novo Nordisk provides patient assistance for those who qualify. Please call 1-866-310-7549 to learn more about Novo Nordisk assistance programs.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit <u>www.fda.gov/medwatch</u>, or call **1-800-FDA-1088 (1-800-332-1088)**.

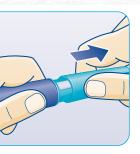
Ask your health care provider if Norditropin® is right for you or your child.

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### Step 1

### Preparing the Pen

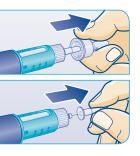
Never attach a disposable needle to your Norditropin<sup>®</sup> FlexPro<sup>®</sup> (somatropin) injection Pen until you are ready to give an injection.



- Pull off the Pen cap. Check that the liquid in the Pen is clear and colorless. If the liquid looks unclear or cloudy, do not use the Pen.
- With clean, dry hands, wipe the **front stopper** on the **needle thread** with an alcohol swab.



 Tear the paper tab off of a new disposable needle. Screw the needle straight onto the Pen tightly. Always use a new needle for each injection. This will help prevent contamination.



 Pull off the outer needle cap and the inner needle cap, and throw them both away.

## Step 2

### Priming the Pen

Before you inject your first dose using a new Norditropin<sup>®</sup> FlexPro<sup>®</sup> (somatropin) injection Pen, you must check the medication flow by priming the Pen.



10 mg/1.5 mL Pen is shown.

- Turn the **dose selector** to the smallest amount of medicine for your Pen.
  - For the 5 mg/1.5 mL (orange) Pen, this is 0.025 mg
  - For the 10 mg/1.5 mL (blue) Pen, this is 0.05 mg
  - For the 15 mg/1.5 mL (green) Pen, this is 0.1 mg



• Hold the Pen with the **needle** pointing up. Tap the top of the Pen gently to let any air bubbles rise to the top.



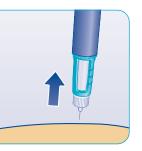
- Press the dose button until the "0" in the display window lines up with the pointer and a drop of liquid appears at the needle tip.
- If no drop appears, repeat the priming process up to 6 times. If no drop appears, you may change the needle and prime one more time. If a drop of liquid still does not appear, call 1-888-NOVO-444 (1-888-668-6444) for help.

## Step 3

### Select and Inject Your Dose







alf "0" does not display in the window, you did not receive the full dose. Call 1-888-NOVO-444 (1-888-668-6444) for assistance.

- Select the dose you need by turning the dose selector clockwise or counterclockwise until the right number in the display window lines up with the pointer. Do not rely on Pen clicks to select your dose.
- If there is not enough Norditropin<sup>®</sup> (somatropin) injection left in the Pen to deliver your full dose, you may deliver the amount left in the Pen. Then, inject the remainder of your dose using a new Norditropin<sup>®</sup> FlexPro<sup>®</sup> Pen, prepared as described in steps 1 and 2.
- It is generally accepted practice to use an alcohol swab to clean the injection site before injecting.
- Insert the **needle** under the skin as your health care provider has shown you.
- Press and hold the dose button to inject until the "0" in the display window lines up with the pointer. You may hear or feel a firm click.
- After the "0" in the display window lines up with the pointer, leave the needle under the skin for at least 6 seconds to make sure that you get your full dose.<sup>a</sup>
- Carefully remove the needle from the skin. You may see a drop of liquid at the needle tip. This is normal and does not affect the dose you received.
- After injection, you must remove the needle right away. Carefully remove the needle from the Pen by turning the needle in a counterclockwise direction and throw away the needle and any empty Norditropin<sup>®</sup> FlexPro<sup>®</sup> Pen, as directed by your health care provider.
- All unused Norditropin<sup>®</sup> products must be refrigerated (36°F to 46°F) prior to first use. Do not freeze, and avoid direct light. After first injection, Norditropin<sup>®</sup> pens can either be stored outside the refrigerator (up to 77°F) for use within 3 weeks, or in the refrigerator (between 36°F to 46°F) for use within 4 weeks.